




# THE MILL MARINE BISTRO

NEIGHBOURHOOD RESTAURANT & BAR





## STARTERS

- OLIVE BOWL assortment of gourmet Mediterranean olives 7  
SERIOUS SEAFOOD CHOWDER fresh local seafood, New England style 9   
GLAZED BEEF SHORT RIBS spicy soy marinade 12  
DRUNKEN PRAWNS butter, brandy, garlic, onions & tomatoes 12   
EDAMAME Japanese soybeans in the pod, rock salt 7  
THE WORKS NACHOS house made Guinness BBQ pulled pork, jalapeños, black olives, green onions, salsa, sour cream, guacamole... the works!! 19  
CHEESEBURGER SLIDERS angus chuck beef, cheese, chipotle mayo, red onion 13  
SPICY TUNA SLIDERS seared albacore, wasabi mayo, cucumber, radish sprouts 13   
LITTLE HOUSE SALAD organic greens, veggies, balsamic vinaigrette 6


## MUSSEL BOWLS

- THAI COCONUT chilli sauce, coconut milk, cilantro, lime juice 16  
WHISTLER LAGER garlic, onion, sambal, honey, tomato & Whistler Powder Mountain Lager 16  
WHITE WINE & GARLIC onion, julienne vegetables 16


## ENTRÉE SALADS

- SPICY TUNA SALAD organic greens, avocado, Asian slaw, wasabi peas, ponzu vinaigrette 16   
CLASSIC CHICKEN CAESAR hearts of romaine, roasted garlic croutons, parmesan 15  
WILD SALMON SALAD organic greens, tomatoes, cucumbers, capers, maple vinaigrette 17   
WARM BEETS & GOAT CHEESE organic greens, walnut vinaigrette 14



## PIZZAS

- MARGHERITA house tomato sauce, mozzarella, fresh basil 13  
TUSCAN Italian sausage, pepperoni, asiago, green onions, kalamata olives 16  
SHROOM roasted portabello mushrooms, mozzarella, roasted garlic, grana padano 14  
WILD LOX b.c. smoked salmon, basil cream cheese, green onions, capers 17   
BBQ PULLED PORK house made Guinness BBQ pulled pork, pineapple, red onion 15

## SANDWICHES

- MEATLOAF SANDWICH Texas toast, provolone, sautéed onions, mushrooms 16  
CHICKEN BACON BURGER asiago, tomato, chipotle mayo 15  
WASABI SALMON BURGER sockeye filet, wasabi mayo, tomato, spinach 15   
PULLED PORK SANDWICH house made Guinness BBQ pulled pork, coleslaw 14

## MILL FEATURES

- CEDAR PLANK SALMON wild BC sockeye filet, grainy mustard, seasonal vegetables, roasted potatoes 19   
MEDITERRANEAN LINGUINE roasted cherry tomato, goat cheese, onion, garlic, spinach, olive oil 16  
SEAFOOD PENNE local west coast seafood, creamy white wine sauce 19   
DEB'S HOMEMADE MEATLOAF roasted mushrooms, sautéed onions, gravy, roasted potatoes 17

## DESSERT

- THE MILL PIE OF THE DAY 7



*Sustainable seafood items part of the Vancouver Aquarium's Ocean Wise program*

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THE MILL MARINE BISTRO  
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PLEASE LEAVE QUIETLY AND RESPECT OUR NEIGHBOURS. GRATUITY MAY BE ADDED TO LARGE GROUPS. NEVER DRINK AND DRIVE!